



# Recall of skills school progression grid: Spring Term-Relationships



Year 1	To explore what family is and know the correct names for different relations. family, relation, Mum, Dad, parent, brother	To explore what friendship is, explain the characteristics of a positive friendship and a good friend. friend, kind, trust, generous, share, listen, fun, helpful, truth	To recognise and understand other people's emotions and know how to show empathy with others and give advice. feeling, sad, worried, help, care, listen	To explore how friendships can make us feel and how to work with new people. Challenge Co-operate Work together Team	To explore gender stereotypes about boys and girls and challenge these ideas. stereotype, favourite, boy, girl
Year 2	To recognise how other people show their feelings and how to respond. Feeling, Emotion	To learn how to respond to unhappy friendships and what I need to do when a friendship is making me unhappy. Happy, Unhappy, Good friendships, Bad friendships	To identify the difference between secrets and surprises. excited, good, happy, surprise, secret, unhappy, worried	To explore how families can be different. Family, Love, Care, Different, Same, Similar	To understand how stereotypes can affect people's choices. Male, Female, Stereotype, Career, Job
Year 3	To explore the differences between people and learn how to respect them. Family Different Support Care Love Problem Help	To learn how to resolve conflict within friendships. Friend Problem Talking Listening Calm Forgive Apologise	To identify what bullying is. Bullying Repeated Physical Emotional Report	To learn how to communicate effectively with others. Communicate Communication Listen Empathy Sympathy Open questions	To explore the differences between people and learn how to respect difference. Same Different Similar Respect
Year 4	To explore the difference between confidentiality and secrecy. secret, danger, surprise, concern, worry.	To begin to understand the physical and emotional boundaries in friendships. respect permission boundary expectations consent	To understand how my behaviour had an effect on others. Happiness Impact Act of kindness Helping Kind	To explore stereotypes within fictional characters. Gender Stereotype Reinforce Character Negative	To explore how stereotypes can be a barrier to how we see people. Disability Stereotype Discrimination
Year 5	To learn how to maintain positive friendships with others. Friend Friendship Skills Good friend	To explore the positives and problems of friendships. Friendship Problem Ups and downs Solution Strengthened	To learn how to resolve conflict with others. Conflict Argument Disagreement Solve Resolve Apology	To recognise how attitudes to gender have changed over time. Gender Stereotype Equality Change.	To explore the impact of stereotypes. Race Religion Stereotype Discrimination Racism
Year 6	To understand that respect is an important part of relationships. Respect Demonstrate Peers Online Disrespect	To explore the concept of marriage. Wedding Marriage Choice Religion Legal Lifelong	To learn about a range of stereotypes. Stereotype Message	To begin to understand and explore gender identity. Identity Gender identity Masculine/masculinity Feminine/femininity Continuum/spectrum Sexual orientation Attraction Sex Expression	To recognise prejudice and discrimination. Prejudice Discrimination Segregation Tackling Overcoming Homosexual/ gay

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### Key:

Blue	friendships
Red	family
Orange	Differences, stereotypes,
Pink	Emotions
Green	Safety